



Emmbrook Infant School 2017-2018 Sports Funding

'By the age of 7 years old most children are said to have already decided whether they enjoy being active'

At Emmbrook Infant School we want our children to understand the benefits of a healthy lifestyle and to enjoy being active. We aim to offer a range of different activities that will cater for every individual preference.

2016-17 Funding £8900

This year we continued to employ our qualified Sports' coach (Jack Fisher) to deliver high quality lessons. He delivers lessons on football, hockey, tag rugby, netball, golf, cricket and athletics. The lessons are a mixture of skill development, game variation and culminate in small team games.

We continued to encourage participation in after-school clubs and survey the children so that we can continue to improve our provision.

This year the Sports' Premium helped fund participation in a Local football tournament at Bisham Abbey for our children.

The staff also benefitted from some high-quality professional development as they observed and supported Mr Fisher's lessons.

Enrichment Workshops:

The children continued to experience and enjoy a variety of workshops. The sports grant supported the funding of Healthy Week in October 2016. During this week the children experienced a Gamalan workshop, a multi-sports workshop delivered by Fab Academy, visits from Buttercup the cow and Clover the goat, a Louis Taylor Road Safety show and an A-Life Workshop.

2017-18 Funding £17,800

This year the Sports' Premium has increased and as such we will also be increasing the provision to the children. Jack Fisher, our qualified sports' coach will continue to deliver high quality PE lessons to all our children throughout the year as detailed above. All children were surveyed at the end of the academic year to illicit their views on their PE lessons and after school clubs. As a result, we will be using some of the Sports' Premium to fund sport or healthy lifestyle themed workshops for the whole school using a variety of external providers. These will include A-Life Workshop, Bollywood Dancing, Tennis workshops, multi-skills, Circus skills, Gymnastics, Zumba, scooter training, bike-ability, martial arts, basketball and many more. We will aim to provide at least one per month. The Sport Premium will also be used to fund Healthy Week when the children experience a variety of different workshops with a healthy or fitness-lifestyle theme.

We are hoping to use some of the Premium to support the children in taking part in local

sporting competitions.

The premium will also be used to further develop the skills of the PE Subject Leader and staff, through relevant CPD to ensure our children receive the best possible PE curriculum and opportunities throughout their time at Emmbrook Infant School.

The Actives Card

This year we have purchased membership to the Actives card for all our families. The Actives Card offers and promotes a wide range of delivery partners to help our children find and try out a physical activity they can become passionate about. It also enables the whole family to try out the activity together, at time to suit them. It can be used all year round and activities range from boxing, to dancing, cheer leading to swimming. Activity centers are also included. The card can also be used at selected retailers to support the purchasing of sport's equipment

Once a child is passionate about a physical activity, they will become naturally more physically active and will benefit from having:

- More energy
- Better night sleeps
- Stronger muscles and bones
- A leaner body
- Lower blood pressure and blood cholesterol levels
- Reduced stress levels
- A more positive outlook on life
- Increased circle of friends
- Less of a risk to developing type 2 diabetes
- Improved confidence levels
- A greater self-belief



The Actives Card is endorsed by Get Berkshire Active

Maths of the Day: Active Maths



We have also purchased **Active Maths**, a scheme incorporating physical activity through maths challenges. Children work in teams solving mathematical problems but have to work through obstacle courses, run around and collect clues in order to do so.

Maths of the Day is endorsed by the Youth Sport Trust.

Extra-Curricular Clubs

We have noticed a much larger interest in our after-school clubs. Applications for these are now all over-subscribed with waiting lists. Interest comes from all year groups. We endeavour to change our providers and meet the request of our pupils. This year we will be providing Martial Arts after school as the children have requested this.

Access to Sport and extra-curricular provision

We ensure that any child with an additional need is supported to ensure they can access any activity they wish to participate in, including all PE lessons.

Financial support is available to children who may otherwise not be able to access after-school clubs.

Year 1 and 2 PE Survey 2017	YES 😊	NO ☹️
1. Do you enjoy your PE lessons at Emmbrook?	100%	0%
2. Have you enjoyed your lessons with Mr Fisher?	97%	3%

Why?

- Because he does nice things to be fit & healthy
- Because he makes the PE lessons hard
- Because I like cricket
- Because it is fun
- Because my favourite sport is tennis
- Because you get fit
- He does fun stuff and the races are fun
- He does lots of sports and I like sports
- He helps me be better
- He is awesome
- He is good at sports
- He is good at teaching sports
- He plays fun game
- He teaches new sports to me
- He teaches us new things
- He's sporty and I like lots of sports
- He's the best
- Hockey matches
- I like cricket
- I like doing different things outside
- I like doing races
- I like doing sports
- I like hockey
- I like jumping
- I like learning football
- I like Mrs Cox PE
- I like running and hockey
- I like the relay races
- I like throwing javelins and lots of different things
- I love sports
- I really like running and keeping fit
- It gives you air
- It keeps you fit and fun
- It's fun at football
- It's outside PE
- It's really exciting

- Mr Fisher does basketball and games
- We do basketball
- We do cricket
- We get to do running races
- We get warmed up

3. What is your favourite thing to do in PE?

Athletics	34%
Football.....	16%
Everything.....	10%
Hockey.....	9%
Dodge Ball	7%
Basketball	6%
Cricket	5%
Climbing Frame	4%
Tennis.....	3%
Play games.....	2%
Red rover	1%
Tigresses Tail	1%

4. What else would you like to do in PE?

Nothing	18%
Athletics	17%
Football.....	13%
Dodgeball	12%
Table Tennis.....	9%
Singing & Dancing	4%
Golf	4%
Hockey.....	4%
Cricket	4%
Climbing Frame	4%
Swimming	3%
Martial Arts	2%
Karate	2%
Land & water game.....	2%
40/40 in.....	1%
Baseball.....	1%

5. What other clubs would you like us to have at Emmbrook?

None or I don't know	17%
Cricket	8%
Athletics	6%
Dodgeball	6%
Hockey/ice hockey.....	5%
Tennis.....	5%
PE Club	5%
Swimming	5%
Food Tech	4%
Art.....	4%

Sing & Dance.....	4%
Football.....	4%
Gymnastics.....	3%
Judo.....	3%
Rugby.....	3%
Baseball.....	3%
Basketball.....	3%
Lego Club.....	2%
Martial Arts.....	2%
Computing.....	2%
Golf.....	2%
Hairdressers.....	1%
Street Dance.....	1%
Guitar.....	1%
Emoji Club.....	1%
Make your own teddy bear.....	1%