



## Emmbrook Infant School EYFS and KS1 Physical Education Termly Overview

	Autumn	Spring	Summer
<b>Unit Title</b>	<b>Dance, Gym</b> <b>Skills in Football &amp; Netball</b>	<b>Aerobics, Circuits</b> <b>Skills in Basketball &amp; Hockey</b>	<b>Sports day preparation, tennis</b> <b>Skills in Athletics &amp; Cricket</b>
<b>FS2</b>	<b>Physical Development ELG:</b> Gross Motor Skills Children at the expected level of development will: <ul style="list-style-type: none"> <li>➤ Negotiate space and obstacles safely, with consideration for themselves and others;</li> <li>➤ Demonstrate strength, balance and coordination when playing;</li> <li>➤ Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>	<b>Physical Development ELG:</b> Gross Motor Skills Children at the expected level of development will: <ul style="list-style-type: none"> <li>➤ Negotiate space and obstacles safely, with consideration for themselves and others;</li> <li>➤ Demonstrate strength, balance and coordination when playing;</li> <li>➤ Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>	<b>Physical Development ELG:</b> Gross Motor Skills Children at the expected level of development will: <ul style="list-style-type: none"> <li>➤ Negotiate space and obstacles safely, with consideration for themselves and others;</li> <li>➤ Demonstrate strength, balance and coordination when playing;</li> <li>➤ Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li> </ul>
<b>Core values</b>	<b>Team-work      Respect      Resilience      Self-discipline      Curiosity</b>		
<b>Unit Title</b>	<b>Dance, Gym</b> <b>Skills in Football &amp; Netball</b>	<b>Aerobics, Circuits</b> <b>Skills in Basketball &amp; Hockey</b>	<b>Sports day preparation, tennis</b> <b>Skills in Athletics &amp; Cricket</b>
<b>Year 1</b>	<ul style="list-style-type: none"> <li>➤ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> </ul>	<ul style="list-style-type: none"> <li>➤ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> </ul>	<ul style="list-style-type: none"> <li>➤ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</li> </ul>
	<ul style="list-style-type: none"> <li>➤ participate in team games, developing simple tactics for attacking and defending</li> </ul>	<ul style="list-style-type: none"> <li>➤ participate in team games, developing simple tactics for attacking and defending</li> </ul>	
	<ul style="list-style-type: none"> <li>➤ perform dances using simple movement patterns.</li> </ul>	<ul style="list-style-type: none"> <li>➤ perform dances using simple movement patterns.</li> </ul>	
<b>Core values</b>	<b>Team-work      Respect      Resilience      Self-discipline      Curiosity</b>		



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Unit Title	Dance, Gym, Circuits <b>Invasion Games – Football, Tag Rugby, Netball</b>	Dance, Gym, Circuits <b>Invasion Games – Basketball &amp; Hockey</b>	Dance, Gym, Sports day preparation, tennis <b>Striking &amp; Field – Golf, Cricket, Rounders &amp; Athletics</b>		
<b>Year 2</b>	➤ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities	➤ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities	➤ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities		
	➤ participate in team games, developing simple tactics for attacking and defending	➤ participate in team games, developing simple tactics for attacking and defending	➤ participate in team games, developing simple tactics for attacking and defending		
	➤ perform dances using simple movement patterns.	➤ perform dances using simple movement patterns.	➤ perform dances using simple movement patterns.		
<b>Core values</b>	<b>Team-work</b>	<b>Respect</b>	<b>Resilience</b>	<b>Self-discipline</b>	<b>Curiosity</b>