



## **Emmbrook Infant School 2024-2025 PE and Sport Premium Annual Statement**

*'By the age of 7 years old most children are said to have  
already decided whether they enjoy being active'*

**At Emmbrook Infant School we want our children to understand the benefits  
of a healthy lifestyle and to enjoy being active. We aim to offer a range of different activities  
that will cater for every individual preference.**

Once a child is passionate about a physical activity, they will become naturally more physically active and will benefit from having:

More energy  
Better night sleeps  
Stronger muscles and bones  
A leaner body  
Lower blood pressure and blood cholesterol levels  
Reduced stress levels  
A more positive outlook on life  
Increased circle of friends  
Less of a risk to developing type 2 diabetes  
Improved confidence levels  
A greater self-belief

***At Emmbrook Infant School, we aim to instill this passion in all our children.***



## Emmbrook Infant School 2024-2025 PE and Sport Premium Annual Statement

Key achievements to date:	Areas for further improvement:
<ul style="list-style-type: none"> <li>• 91% of pupils have a love of PE in school as evidenced in the PE Survey PE survey indicates that children really enjoy the range of sports taught in school</li> <li>• High uptake of participation at extra-curricular sporting clubs</li> <li>• High uptake of participation in USports lunchtime activities</li> <li>• CPD for PE Leads</li> <li>• Children always receive at least 2 hours of PE every week</li> <li>• New playground resources and equipment to encourage physical activity/small team games</li> <li>• Continue to offer alternative sporting opportunities within PE</li> </ul>	<ul style="list-style-type: none"> <li>• Identify focus areas for further CPD for teaching staff</li> <li>• Investigate sports competitions for KS1 pupils to participate in</li> <li>• Investment in a dance programme to ensure high quality dance lessons are delivered across the school</li> <li>• Participation in WBC Active Movement programme to encourage activity and promote a healthy lifestyle</li> </ul>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your children may swim in another year please report on their attainment on leaving primary school.	N/A
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	N/A
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	N/A
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	N/A

Academic Year: 2024/25	Total fund allocated: £17,820	Date Updated: September 2024		
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				
School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>• Provision of lunchtime and after school clubs- Offer of a free club for all PP pupils</li> <li>• Employment of qualified sports coaches and PE specialists to enhance or extend current opportunities offered to pupils -</li> <li>• Children are able to access quality play and sports resources through lunch time break organised by LTS</li> <li>• Participation in Wokingham BC sports events where appropriate.</li> <li>• Delivery of Gymnastics and dance is enhanced through appropriate resources</li> </ul>	<ul style="list-style-type: none"> <li>• Wide variety of clubs offered to include all interests e.g. Dancing Stars, Street dance, football, gymnastics, fencing</li> <li>• TA qualified dancer to lead dance sessions at lunchtime in playground</li> <li>• Clubs promoted in assemblies</li> <li>• Purchase of new equipment as required</li> <li>• Appropriate PE lead to supervise children at event after school</li> <li>• Purchase of PEHub resource</li> <li>• Staff training</li> </ul>	<p style="text-align: center;">£4860</p> <p style="text-align: center;">£11000</p>	<ul style="list-style-type: none"> <li>• Playground observations and pupil survey to follow</li> <li>• Equipment purchased and being used effectively</li> <li>• Monitor uptake of clubs</li> <li>• Participation at WBC events documented and photos shared with whole school community</li> <li>• At least good gymnastic and dance lessons observed by PE Lead</li> </ul>	<ul style="list-style-type: none"> <li>• Survey children for preferred lunchtime activities</li> <li>• Refresh clubs when numbers are down.</li> <li>• Ensure correct care and use of equipment.</li> <li>• Survey pupils for choice of games resources</li> <li>• PE lead to ensure events are organised and Risk assessments completed.</li> <li>• CPD for all staff</li> </ul>

<ul style="list-style-type: none"> <li>Travel to school plan to encourage walking or scooting</li> </ul>	<ul style="list-style-type: none"> <li>Pupil assembly</li> <li>School focus on Walk to School week</li> <li>Scooter Heroes programme</li> </ul>		<ul style="list-style-type: none"> <li>Pupil and staff activity increased daily</li> </ul>	Evaluate and continue in 25/26
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<ul style="list-style-type: none"> <li>Participation in the Wokingham Active Movement programme</li> </ul>	<ul style="list-style-type: none"> <li>All classes to participate in the programme and report back</li> <li>SLT to monitor</li> </ul>		<ul style="list-style-type: none"> <li>Pupils' learning behaviours improved due to movement breaks</li> </ul>	
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**Key indicator 2:** The profile of PESSPA (Physical Education, School Sport and Physical Activity) being raised across the school as a tool for whole school improvement

School focus with clarity on intended <b>impact on pupils:</b>	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>Ensure all children are aware of the importance of a healthy lifestyle, including both diet and regular exercise</li> <li>Pupils are aware of the importance of daily physical exercise and enjoy being active in school</li> <li>PE curriculum reflects a well-planned spiral curriculum that enables pupils to build on prior skills and enjoy PE lessons.</li> </ul>	<ul style="list-style-type: none"> <li>Healthy Week with activities booked-Life Bus, Buttercup the Cow, Sports' workshops, A-Life,</li> <li>U Sports workshop</li> <li>Healthy Assembly</li> <li>Regular physical activity based workshops throughout the year.</li> <li>Dance workshop for all to enhance PE offer including Bollywood workshop</li> <li>Curriculum reviewed and in place for all staff</li> <li>New equipment to encourage active play at lunchtimes e.g. climbing equipment, skipping ropes, racquets and basketball hoops</li> </ul>	£1000	<ul style="list-style-type: none"> <li>Pupil books will evidence the learning from the activities provided</li> <li>Children enjoy workshops and evidence through their surveys.</li> <li>Development of pupil skills observed by PE Leads and is evident in assessment outcomes.</li> </ul>	<ul style="list-style-type: none"> <li>Planned annually-feedback to parents</li> <li>Annual survey to pupils – actions taken to improve outcomes</li> </ul>

- Pupils share achievements in assembly e.g. swimming awards, gymnastics etc

- Dedicated time in celebration assembly weekly – children bring in awards from outside school e.g. badges, trophies, certificates, medals

- Pupil pride in achievements encourages others to participate and pupils to continue with chosen sport

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<ul style="list-style-type: none"> <li>Ensure all staff are confident in teaching and delivering high quality PE</li> </ul>	<ul style="list-style-type: none"> <li>Teachers to observe Usports' lessons x 3 term.</li> <li>Audit teacher's knowledge and confidence in teaching the key curriculum areas (gym, dance, athletics and games)</li> <li>Purchase of a dance programme (PEHub)</li> </ul>	£300 for dance programme	<ul style="list-style-type: none"> <li>Staff survey completed, analysed and CPD planned according to need.</li> <li>Staff confidence in leading PE lessons increased</li> </ul>	<ul style="list-style-type: none"> <li>Annual audit of all teaching staff</li> <li>Pupil enjoyment of PE as indicated in Pupil PE survey</li> <li>Annual CPD for all staff</li> </ul>
<ul style="list-style-type: none"> <li>PE Leads are confident in developing other staff and leading in-house training where required</li> </ul>	<ul style="list-style-type: none"> <li>Attendance at Get Berkshire Active annual conference</li> <li>Attendance at any PE CPD</li> <li>CPD to be led by uSports</li> </ul>			
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Additional achievements:</p> <ul style="list-style-type: none"> <li>Ensure a wide range of sports are introduced to all pupils via lessons and after school clubs.</li> <li>Ensure Usports continue to deliver the very wide range of team games during PE lessons</li> <li>Continue to deliver a variety of healthy activities with something for everyone i.e. yoga, dance, gymnastics, circuits</li> </ul>	<ul style="list-style-type: none"> <li>Survey the pupils to find out what they would like to learn more about and introduce new sports as appropriate.</li> <li>Usports, Mrs Cox and class teachers to lead and deliver new and existing sports</li> <li>Purchase of equipment as necessary</li> </ul>	<p>£11000 (already calculated above)</p> <p>£500</p>	<ul style="list-style-type: none"> <li>Annual Pupil PE survey of preferred activities</li> </ul>	<ul style="list-style-type: none"> <li>Maintain survey and update lessons and clubs provided</li> </ul>

<b>Key indicator 5: Increased participation in competitive sport</b>				
<b>School focus with clarity on intended impact on pupils:</b>	<b>Actions to achieve:</b>	<b>Funding allocated:</b>	<b>Evidence and impact:</b>	<b>Sustainability and suggested next steps:</b>
<ul style="list-style-type: none"> <li>Continue to participate in any sporting events held in the local community for KS1</li> <li>Celebrate participation in community clubs and organisations</li> <li>Ensure all games lessons have a competitive element to them</li> </ul>	<ul style="list-style-type: none"> <li>Take part in all suitably timed tournaments /activities</li> <li>Ensure Usports and Mrs Cox build competitive elements into all lessons</li> </ul>	£150 to cover staff	<ul style="list-style-type: none"> <li>Pupil feedback on participation and enjoyment. Celebrate in assembly</li> <li>Lesson plans and pupil participation and enjoyment</li> </ul>	<ul style="list-style-type: none"> <li>Ask USports and to keep us updated about local tournaments.</li> <li>HT to continue to receive invites form WBC Lead</li> </ul>

<b>PE Survey 2024</b>	<b>YES</b>	<b>NO</b>
<b>1. Do you enjoy your PE lessons at Emmbrook?</b>	<b>94%</b>	<b>6%</b>
<b>2. Have you enjoyed your lessons with your USports Teachers and Mrs Cox?</b>	<b>94%</b>	<b>6%</b>

<p><b>Why? Yes</b></p> <ul style="list-style-type: none"> <li>Jumping over hurdles</li> <li>We practice lots of different sports</li> <li>I like sports day practice</li> <li>I like the climbing frame</li> <li>We play fun games</li> <li>I like doing running races</li> <li>I like cricket</li> <li>I like doing multi skills with Mrs Cox</li> <li>It is active</li> <li>I like working on stuff</li> <li>I like the games</li> </ul>
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- I like the chase tag
- You get better and better
- You get to try new sports
- Mrs Cox gives us lots of exercise
- He makes it fun
- We play a special tag game
- We've been learning new sports such as cricket and tennis
- He is friendly and nice
- Archie is a god teacher who makes lessons fun. He's encouraging and kind
- Step-ups
- Bench work
- Circuits
- Using the horses and jumping on the mats
- Skipping ropes
- Tennis
- Football
- I like climbing the ropes
- Hoola hoops
- Jogging

What is your favourite thing to do in PE?	What else would you like to do in PE?	What other clubs would you like us to have at EIS?
<ul style="list-style-type: none"> <li>• Tiger tails</li> <li>• Parachute</li> <li>• Climbing frame</li> <li>• Circuits</li> <li>• Ball skills</li> <li>• Hurdles</li> <li>• Tennis</li> <li>• Cricket</li> <li>• Athletics</li> <li>• Netball</li> <li>• Football</li> <li>• Hockey,</li> </ul>	<ul style="list-style-type: none"> <li>• Ice hockey</li> <li>• Squash</li> <li>• Golf</li> <li>• Badminton</li> <li>• Trampolining</li> <li>• Swimming</li> <li>• Javelin</li> <li>• More running races</li> <li>• More skipping ropes</li> <li>• More obstacles</li> <li>• More copycat games</li> <li>• Volleyball</li> </ul>	<ul style="list-style-type: none"> <li>• tennis</li> <li>• basketball</li> <li>• free jumping</li> <li>• trampolining</li> <li>• girls football only- this has been actioned</li> <li>• cricket</li> <li>• gymnastics</li> <li>• golf</li> <li>• ballet</li> <li>• swing-ball</li> </ul>



- Rugby
- Multi-skills
- Tennis
- Races
- tag
- Dodgeball
- Gymnastics

- Baseball
- Zip-wire

- table-tennis
- chess
- archery
- cooking
- nature
- coding
  
- hairstyling
- Nintendo
- Designing